

# Item Stock-up List

Level I: 2 Weeks → Level II: 1 Month → Level III: 3 Months +

FOOD STAPLES	Level I	Level II	Level III
Sugar (White & Brown)			
Honey			
Rice			
Beans			
Canned Foods / Meats			
Powdered Milk			
Shortening / Oils			
Food Seasonings & Spices			

WATER	Level I	Level II	Level III
Bottled Water			
Water Filters			
Water Containers			

LIGHTING	Level I	Level II	Level III
Lighters / Matches			
LED Flashlights			
Candles			
Hand-Crank Lighting			
Lantern Oil / Liquid Paraffin			
Wicks			

FUEL & ENERGY	Level I	Level II	Level III
Gasoline			
Diesel			
Propane			
Engine Oil (2-Stroke, 4-Stroke)			
Fuel Can			
Batteries (Multiple Sizes)			

CHILDREN	Level I	Level II	Level III
Baby Formula			
Diapers			
Clothing, Various Sizes			

PETS	Level I	Level II	Level III
Food			
Medications			
Shampoo			
Litter / Waste Bags			

BUILD & REPAIR ITEMS	Level I	Level II	Level III
Nails, Nuts, Bolts, Screws			
Wire, Different Gauges			
Metal Work Tools			
Hammer			
Hand Saw			
Hack Saw			
Duct Tape			
Electrical Tape			
Spray Paint (Flat Black / OD)			

PERSONAL PROTECTION	Level I	Level II	Level III
Ammo (Popular Calibers)			
Knife			
Mace / Wasp Spray			

PERSONAL HYGIENE, SANITATION, MEDICAL	Level I	Level II	Level III
Toilet Paper			
Toothbrush			
Dental Floss			
Toothpaste (or Baking Soda)			
Bar Soap			
Feminine Hygiene Products			
Razor Blades			
Shaving Soap			
Hand Sanitizer			
Laundry Detergent			
Clothes Line / Clothes Pins			
First Aid Kit			
Prescription Medications			
Antibiotics			
Vitamins			
Pain / Fever Relievers			
Cough Syrup			
Medical Reference Books			
N95 Masks			
Condoms			
Insect Repellent (Spray, Lotions)			
Mouse / Rat Traps			
Flea / Tick / Lice Shampoo			

USEFUL ITEMS	Level I	Level II	Level III
Unscented Bleach			
Pool Shock			
Iodized Salt			
Vinegar			
Hydrogen Peroxide			
Isopropyl Alcohol			
Baking Soda			
Aluminum Foil			
Iodine			
Lye			
Large Plastic Trash Bags			
Plastic Sheeting			
Sewing Kit (Needles, Thread, Buttons)			
Zip-Loc Freezer Bags (Assorted Sizes)			
Paper Products (Towels, Plates, Bowls)			
Can Opener			

HUNTING & FISHING	Level I	Level II	Level III
Fishing Hooks			
Fishing Line			
Terminal Tackle			
Snare Wire or Snares			
Traps			

COMFORT ITEMS	Level I	Level II	Level III
Playing Cards / Games			
Chocolate / Gum / Candy			
Coffee (and Filters) / Tea / Drink Mixes			
Tobacco (Cigarettes, Pipe Tobacco, Rolling Papers)			
Alcohol, Drinking			

