



complete?

yes no

start today and have your preparedness action plan complete within only one month

step 1. Assess emergency food supply (take inventory of what you have on-hand and what your family needs and augment as needed)

step 2. Identify water sources (bottled water, stored water, water filter)

step 3. Have cash on hand (small bills)

step 4. Assemble a first aid kit (more than band aids)

step 5. Store extra medicine (as required)

step 6. Determine need for protective/weather appropriate clothing (water-resistant, for warmth, for sun protection)

step 7. Have fire extinguisher on-hand

step 8. Install fire alarms

step 9. Install carbon monoxide alarms

step 10. Locate a radio (crank radio does not require batteries)

step 11. Identify alternate power source (generator, solar chargers, batteries)

step 12. Identify alternate heat source (blankets, hand warmers, fireplaces)

step 13. Gather fire starters (matches, lighters)

step 14. Consider alternate ways of communication (whistle, land line telephone, cell phone, text, internet access, two-way radio)

step 15. Create a contact list (in-state, out-of-state)

step 16. Buy batteries (variety)

step 17. Create hygiene kit (hand sanitizer, soap, isopropyl alcohol, bleach, iodine)

step 18. Evaluate need for a sanitation kit (toilet paper, portable toilet)

step 19. Store important documents and photos on USB drive

step 20. Gather cooking implements (can opener, knives, portable stove, sun oven, pots)

step 21. Identify fuel needs for cooking and other (propane, butane, BBQ)

step 22. Survey and/or acquire some camping equipment (tarps, tents, sleeping bags, blankets, backpacks, camping stoves)

step 23. Determine alternate light source (flashlights, candles, head lamps, camping lanterns)

step 24. Aggregate tools (shovel, saw, pick, wrench, wire cutters, rope)

step 25. Acquire regional maps and have a compass

step 26. Determine how to shut off utilities at home (water, electric, gas)

step 27. Perform a Home Hazard Hunt (identify risks at home and remediate)

step 28. Keep gasoline tank in vehicles full

step 29. Create a family emergency plan (how to evacuate, who to contact, how to communicate, meeting locations)

step 30. Find out more about how to prepare in your area (flood zones, fault lines, etc.)

