

Poor Man's Barter Items

FOOD	hooks	Socks – all sizes & colors
Aluminum Foil	knives	Washing/laundry soda
Baking Soda	Mason jars	
Canned food – any type	multi tool	MEDICAL
Cornstarch/arrowroot	poles	Band aids
Cocoa	sinkers	Cough syrup
Coffee filters	sling shot, ball bearings	Essential oils
Coffee	snare	Eye drops
Cooking Oil	steel wool	Ibuprofen, Tylenol, and aspirin
Spam		Potassium Iodide
Dry beans	GROOMING	Iodine
Flour... wheat and a grinder	Bars of soap	Gloves, Napriles
Funnels	Combs, Hair brushes, hair pins	Laxatives
Hard candy	Disposable razors	Lip balm or chapstick
Honey, stevia	Feminine products	Lugos Iodine
Kool-aid	Nail clippers and files	Peroxide
manual can openers	Toilet paper	Vaseline
Noodles	Tooth paste, Toothbrushes, Der	Silver
Popcorn	Condoms	Vitamin C
Rice		Dental
Spices cinnamon, cloves, allspice	CLOTHING & SEWING	Polar Pure
Spirits: wine, whisky, beer, vodka	Borax	Unsheathed Copper wire
Sugar	Clothes pins Clothes lines	
Mason Jar lids dozens	Dryer Lint (to use as firestarter)	GARDEN
Food Grade Rubber	Elastic-material or velcro	Fresh garden produce and herbs
	Fels naphtha bar soap	Hoop greenhouse supplies
WATER	Garbage cans	Garden compost
Calcium Hypochlorite (Pool Shock)	laundry detergent	Garden fertilizer
2-5gallon buckets	Thread	Hand garden tools
Aquamira Straws (less than \$1)	needles (regular and upholstery)	Heirloom garden seeds
charcoal	Oxyclean	Herb plants
	Petroleum jelly (Vaseline)	coconut coir
	Reading glasses	vermiculite
H / G ITEMS	Scissors, Needles, Straight pins	perlite
Fishing line 20+lb	Shoe laces	Diatomaceous earth

MISC	Shovel
Automotive oil and air filters	Tobacco
Axes, saw	Tobacco seeds
Baby wipes	Two cycle oil
Batteries	Vice grips
Bike Tire Patches	Wheel barrow/ wagon
Bleach (or freshly made pool shock)	Wooden, strike anywhere matches
Brooms	Aluminum foil
Candles, wax, crayons	railroad spikes
Cigarette lighters	Rat & mouse poison
Cigarettes	rechargeable batteries
Copy paper	Rodent traps
Copper tubing for alcohol making	Rope of any type
cotton balls, large with soaked in scotchdumby	scissors barber
Duct tape	Scrap paper
Dust pans	sheep sheers
File for sharpening	shovels
Fly swatters	solar calculator
Garbage bags (Tobacco
Insect spray	Tobacco seeds
Lined notebook paper	traps
Nails, nuts, bolts, & screws	trimmers
Old newspapers	Two cycle oil
Paperback books	whetstones
Pencils, Ballpoint pens	Wooden, strike anywhere matches
Plastic sheeting	wrenches
Power Inverter	screen for screening rock and threshing
Plastic tarps	horse shoes and nails
Dc/DC Converter	
Plastic tubs & containers	
Rat & mouse poison	
Rodent traps	
Rope of any type	
Scissors barber	
Scrap paper	
Sheep sheers	